

Rotary Club of Hyderabad Midtown | RID 3150 | Club Number: 21400



CHAKRAVIEW

The Carbonic Service Loop



**SERVE TO
CHANGE LIVES**

July 2021



Rtn. Shekhar Mehta
Rotary International President 2021 -2022

President's Message

My Dear Fellow Rotarians,

It is my honour to write this issue's opening letter. I have been a Rotarian since Feb 2021, and now the current President for the year 2021-22. It is my pleasure to be with all of you and look forward to many Fellowships and Service activities this year.

This First Edition of the Magazine has tried to cover most of the activities that have happened in the year 2020-21. We have dedicated a page to spirituality, environment and education.

As the last year and a half felt like a still picture, the laughter and happiness of get-togethers vanished, I am trying to make an effort in sharing our views and ideas through our Fellowship pages.

There is a lot to do than say in the World of Rotary, the distance between us is far, but the technology still helps us to be together.

I am happy to be a part of this year with RIP Rtn. Shekhar Mehta Ji, DG Rtn. Prabhakar Garu and AG Rtn. Janaki Amma. The extensive assistance from the District Chairpersons, Regional Chairpersons and Area Chairpersons are commendable as they not only guide me through the programmes but also in organizing and support that they provide by training and mentoring.

Looking forward to give the best of myself and walk this year with all of you.

Yours,

Rtn. Shreemayi Akilla
Club President
Hyderabad Midtown



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of Rtn. PSN Prasad Garu

Family Picture of all our
Midtowners

Beautiful Painting by one of
our Annette

New Beginnings

A Word from RI President—Rtn. Shekhar Mehta

Unveiling his Presidential theme for the Rotary year 2021-22 — **‘Serve to Change Lives’**, at the International Assembly which went virtual this year, RI President Rtn. Shekhar Mehta urged the incoming governors to make service and membership growth their mantra during the next 17 months.

“As we all know, you, the DGEs, are the movers and I am Shekhar. Today is the most important step in your journey of service and leadership. The forthcoming 17 months will be the most amazing and fruitful period of your life. During this period I urge you to dream big, guided by our shared vision for Rotary. Plan your goals and reach them, and inspire your members to plan and reach goals to expand the reach of our organisation by increasing membership and the impact of Rotary by serving the world.”

“Let's turn the wheel together so all humanity thrives, we have the power and the magic to serve... to change lives...”

Our District Governor Rtn. Prabhakar K



DG Rtn. Prabhakar joined Rotary in the year 1995 by becoming a member of the Rotary Club of Hyderabad Central (RCHC)

President in 2001 “Best President” and 2011.

Chairman of Twin City Club Presidents’ Forum.

President in second tenure during 2011-12 “Out standing President”

Out standing Rotarian award in 2013-14

Distinguished Rotarian award in 2019- 20.

Four Avenues of Service Citation and Club Builder Award from Rotary International.

Obtained 7 high value matching grants aggregating about Rs 2.40 crores for his home club Rotary Club of Hyderabad Central.

Led a Group Study Exchange team to RI District 5190 USA during the year 2012-13.

Vice Chair of Registration Committee for “Namaste Hyderabad” Rotary Institute 2012 and Rotary South Asia Summit during 2013.

He is a member of Masonic movement, served as Right Worshipful master of Lodge Universal Peace, Hyderabad. He is a life member of Red Cross India and YMCA.

He has a son K Prabhav Phalgun and a daughter Laksmi Sravya, both are married and well settled.

He is and his entire family members are Paul Harris Fellows.

His hobbies are making friendship, fellowship & travel.

Motto of his life is the ideal of Rotary, which is SERVICE ABOVE SELF.

The Year Gone By—In Pictures

Past President—Rtn. Girija Sampath

This opportunity was given to me by ROTARY CLUB OF HYDERABAD MIDTOWN MEMBERS, MY ROTARY FAMILY. I am so blessed to be with such wonderful people who supported my dreams, projects and my Rotary journey. Though new to Rotary every step they guided was funded and as a team we have reached our 75% goals and implemented several projects from all the focus areas.

There are many challenges. Face the challenges, use the opportunity and create a project and fulfill the dreams and serve the community. They have given me a respectable new world where I found friends, networking and happiness; I am a proud passionate Rotarian now. Thanks to all.

I give my special Thanks to Sri Hanumanth Reddy, Sai, Mallik, RatnaPrabhakar, Ramesh Vangala, Siva Narayan, Sam, Seema Anil, DR Ram, Satish Reddy, Ramiah, Sharath Choudhary, Uday Pilani; My friendship club SingaraRao all TrailBlazers friends and Ms. Anitha Reddy who helped in many stages.

Every day was a challenge and I enjoyed my journey and put my heart and soul and the credit goes to my family my husband Sampathji and my daughter Priya, who was supportive for emotional balance and my son Naveen and Varsha for personal cheer ups.

MATHA PITHA GURU DAIVAM , My special Thanks to my Matha Mrs Shekhawath who is totally my Motivator and Mentor who brought me to this magic Rotary World. My Thanks to my Secretary friend Naresh, Treasurer and Mentor Sridhar and my Board Members each one of them.

My Dreams are big just started and my journey continues as REGIONAL CHAIR E LEARNING and SERVICE PROJECT DIRECTOR .2021-2022

I will face the challenges and serve the community with my new Rotary President Ms. Shreemayi Akilla and Team under the guidance of DG PRABHAKAR who has given me an opportunity and I am highly obliged and will extend my Rotary service support with full passion and dedication.



The Year Gone By—In Pictures

July—2020 to June 2021



Distribution of food during Covid Times



DG Rtn. Hanumanth Reddy Visits Hyderabad Midtown in Feb 2021



The Year Gone By—In Pictures

July—2020 to June 2021

Felicitation of Senior Rotarians during DG Meet



The Year Gone By—In Pictures

July—2020 to June 2021



Distribution of snacks in government school



The Year Gone By—In Pictures

July—2020 to June 2021

Sponsored Club of Hyderabad Pride—Installation Ceremony



The Family of Hyderabad Midtowners



Designated Months and Days for 2021-22

August 2021- Membership and New Club Development Month

DDD 15 August Tree Plantation
(Plant Saplings in Communities/Schools/Colleges)

September 2021 - Basic Education and Literacy Month

October 2021 - Community Economic Development Month

DDD 17 October Girl Child Empowerment
(Provide Bysicles/Provide vocational training/Provide Career Guidance)

RID 4-5 October Presidential Conference – Gyeongju, Korea

RID 4-10 October Rotary Alumni Reconnect Week

RID 24 October World Polio Day

November 2021 - Rotary Foundation Month

RID 1-7 November World Interact Week

RID 5-7 November Presidential Conference – Venice, Italy

RID 26-27 November Presidential Conference – Manila, Philippines

December 2021 - Disease Prevention and Treatment Month

DDD 19 December Protection & Awareness of Cervical Cancer & Covid vaccination
(Conduct Awareness Camps/Support Vaccination Drive)

RID 15 December Last day for early registration discount for the 2022 Rotary Convention

January 2022 - Vocational Service Month

RID 16-20 January International Assembly, Orlando, Florida, USA

February 2022 – Peace building and Conflict Prevention Month

DDD 20 February Water Hygiene and Sanitation
Provide Drinking water Facility/Conduct Awareness programmes on
Hygiene and Sanitation in Schools/Provide Hand Wash and Sanitary
Napkins in Schools

RID 4-6 February Presidential Conference – Hyderabad, India

12-13 February Presidential Conference – Foz do Iguaçu, Brazil

23 February Rotary's anniversary

March 2022 - Water, Sanitation, and Hygiene Month

RID 4-5 March Presidential Conference – Maputo, Mozambique

RID 14-18 March World Rotaract Week

RID 31 March Preregistration discount ends for the Rotary International Convention

April 2022 - Maternal and Child Health Month

RID 30 April Rotary International Convention registrations and ticket cancellations
are due

May 2022 - Youth Service Month

June 2022 - Rotary Fellowships Month

DDD 5 June Removal of Plastic on the planet
(Conduct Awareness Drives)

RID 3-4 June Presidential Conference, Houston, Texas, USA

RID 4-8 June Rotary International Convention, Houston, Texas, USA

RID 30 June Rotary Citation for Rotary Clubs Award nominations are due



Environment

The Environment becomes the new area of focus at Rotary

The Rotary Foundation Trustees and Rotary International Board of Directors have added a new area of focus: the environment.

More than \$18 million in Foundation global grant funding has been allocated to environment-related projects over the past five years. Creating a distinct area of focus to support the environment will give Rotary members even more ways to bring about positive change in the world and increase our impact.

Supporting the environment becomes Rotary's seventh area of focus, which are categories of service activities supported by global grants. It joins peace building and conflict prevention; disease prevention and treatment; water, sanitation, and hygiene; maternal and child health; basic education and literacy; and community economic development.

Grant applications for projects will be accepted beginning on 1 July 2021. Gifts and commitments from Rotarians and others will be sought to provide global grant support for the new area of focus. More information about this new area of focus will be announced soon.

"One of the first conditions of happiness is that the link between man and nature shall not be broken."
—Leo Tolstoy

Celebrating Nature: Van Mahotsav

Vaishnavi Akilla & Vedika Pillai

Bachelors of Urban Design, CEPT University 2021

The first week of July every year celebrates the forests of India. Van Mahotsav is a week-long festival that started in the year 1950. It was initiated by the Former Union Minister for Agriculture and Food, with the idea of encouraging people to conserve forests and plant trees.

A few main objectives behind initiating this festival are: To increase potential resources of the country, to help conserve the forests to prevent deterioration of the soil, popularize the planting and tending of trees in farms, villages, municipal and public lands for their aesthetic, economic and protective needs and many more.

According to The India State Forest Report, 21.67% of the geographic cover is the forest cover and 2.89% geographic tree cover of our country, which is around one-fourth of the total geographical area of India. The increasing population and growing urban areas have a long way ahead to make this place a more sustainable environment with a better future. Initiatives like Van Mahotsav and many more are just a progressive and motivating step towards it.



The Spiritual Corner

Convert Pain into Wisdom

- an editorial by Sadguru Jaggi Vasudev

For many people nowadays, whatever has happened in the past has become an excuse for what they are right now, 'I am like this because somebody abused me.' I am not saying this without any concern or lack of compassion for such things, but this problem has taken on major proportions.

If they do something nasty and somebody asks them, 'Why did you do such a thing?' people say, 'When I was a child, you know what my uncle did to me?' I am not trying to belittle somebody's unpleasant experiences. I know there is pain behind it, but do we want to continue to harvest pain or do we want to convert this pain into wisdom and harvest wisdom out of our experience of life?

That is a choice every human being has. Especially if you have been abused, if you have been put through unpleasant situations in your life, you should be sensible enough not to put anybody else in those situations. Isn't that an intelligent way to be? But many people just use the unpleasant experiences in their past as something to hide behind. If something unpleasant happens to us, what should be our first thought? 'This should never again happen to me or to anyone.'

This is very human. But because something unpleasant happened to you, if you repeat that and say, 'I am doing this because they did it to me,' this needs to be looked at. Especially if you have been abused and you know the pain of being abused, you should ensure it never happens to anybody.

JUST BETWEEN YOU AND ME , LORD

Just between you and me, Lord, I'd like to say
It's not always easy to follow Your way.

I understand what you mean by the Golden Rule--

To create a good life, there is no better tool.

Still, what if you've been taught to look down on others?

Do we want to believe that we are all sisters and brothers?

It's hard not to resent the neighbour next door
Who does so little work, yet has so much more.

There are so many tragedies that happen worldwide.

It brings much unhappiness - that can't be denied.

I sit here complaining when I know it is true
That all of those troubles were not caused by you.

Yes, it just seems to me, if I remember it right,
You did give instructions that could shed lots of light

On the way life could be if Your rules were

obeyed.

What a wonderful world it could be if all
prayed.

I'm glad of the chance to discuss this with You.

I'll try not to forget what I know I should do.

You gave me free will, so it's now plain to see
I will need Your help often, just between You
and me.

-Alora M. Knight (Source: <https://www.familyfriendpoems.com/>)



Hand Prints— Rtn. PSN Prasad Garu

This first issue we proudly introduce Rtn. PSN Prasad Garu. Rotary Club of Hyderabad Midtown was chartered in the year 1983 October 31st, sponsored by Rotary Club of Hyderabad . Midtown was initiated by Rtn. Ravinder Reddy, the eldest son of Mari Chenna Reddy. It was chartered by 25 members and Rtn. PSN Prasad Garu a Sr. Advocate was one of the charter member.

This is his journey as a Midtownner for 39 years.

S - In which year were you nominated as President of the club?

PSN I was the President 3 times, the year 2000 was the last time I served as a president.

S - In your years as a President or a Member which do you think is your favorite service?

PSN I think they are many, but in many of them it was an experience when we donated a mannequin for practicing resuscitation to St. Johnson Ambulance. And the other time when we donated an Ophthalmoscope to the Rotary Eye Hospital at Gandipet which was provided by Dr, Kishan the then Governor from Midtown.

We also donated free artificial limbs to people affected by polio through ASHA.

S - Which was your Happy Time at Midtown?

PSN That was when I was the Joint Secretary. We had a lot of youth activities and competitions. We made Initiatives - "Send Students back to School." There was also a campaign collecting discarded TV's and computers and donating to schools with study materials.

S - How do you think we serve people today?

PSN I feel for the present day you should encourage people to be self sufficient.

S - What are your favorite pastimes Sir?

PSN I love to read and a few years back I have taken up the hobby of Argentine tango. I attend dance festivals around the world.

That was PSN Garu, his passion to serve is an example and motivation for the next generation, that you have to live life to the fullest; be it your passion for life, or service to mankind.

Hands that Serve are Holier
than the Lips that Pray

"Two main things needed for the world are that people cannot contribute individually; you have to be a part of an organization."

Sapiens: A brief history of
Mankind



"During exploitation and strife a collective action of non-violence is the only next necessary step that can be taken."



The Fellowship Pages

Long Live 'Gated Community' Living

- Rtn. Dr. Ramkrishna S

We had always stayed in an independent "stand-alone" bungalow and then we shifted to the latest ..."gated community". The "in" thing these days. A Vila in a gated community.

The surroundings are good and airy. Lot of fresh air – actually an over dose I would say. It is a walker's paradise. People who are not claustrophobic can use the gym in the club house.



Hats off to the person who numbered the villas- well one could not have it the "American" style. Odds on one sides and even number on one side. That way it is not a very big community. Any one entering for the first time is bound to get "lost" as most of the "original " numbers are not to be seen in the right place.

It was for the first time I cam to know about so many combinations of "Vishnu" & "Sai". A odd name sticks out like a sore

thumb.

All exchange homegrown "Organic" papayas. Come mango season and you come to know who has a "small " farm tucked in and around Hyderabad. No need to buy pickles in a shop – your neighbors' will give you a bottle full of fresh pickle (home made-what else).

Covid Times

—A Poem by Rtn. Dr. Ramkrishna S

The bard said..."To be or not to be"

But do we have a choice...

No. the instructions are clear

Wash hands regularly and keep safe distance

Proper masking is a must.

To wash hands... We require water; Plenty and flowing

For distancing... Smaller crowd or Proper lock down.

Masking (for our own good)

To cover the mouth & nose

And not to worry about looks.

No choice for next couple of

years.

The bard would say today.....

"To JAB OR NOT TO JAB"



Short History of Ikebana

- Rtn. Rajkumari Singh

Ikebana is a Japanese art of flower arrangement, where “Ike” means arrangement and “bana” means flower.

Over the last six hundred years, Ikebana has become one of the Japan’s traditional art forms originating with floral offering to the lords and it became a part of Buddhist ritual. Later, during the century-long civil war period of medieval Japan, it reached perfection as a popular art form. As years passed, the forms of Ikebana styles retained certain features in common, regardless of difference in age and school.

Among the various schools of Ikebana, the Ohara school became the fore runner, which attempted to merge the traditional practices with the modern styles. It is the most well known and internationally recognized school, which is represented by over hundred chapters in various countries.

Ohara school was founded in the year 1890 by the Grand Master Usnhin Ohara. The 4 pillars of Ohara School are “Hana-isho”, “Moribana”, “Heika”, and “Hana-mai”. In conclusion, the philosophy behind Ikebana is related to the Heaven, Man and the Earth.



The writer is a Second Master of Ohara School of Hyderabad, Chapter-250

Drawings by our Annette



Loneliness

Water color on Paper

Done by

Annette Saanchi Lal Mathur of Class VII

Daughter of Rtn. Rinesh Mohanlal



Phases of Life

Kursi-Miyane (Palanquin)

- Anne Arti Saxena W/o Rtn. Nisheeth Raj Saxena

Ingredients:

- Eggs – 6
- Minced Meat (Kheema) – 100gms
- Chilly Powder – 1Tea spoon
- Ginger & Garlic paste – 1Tea Spoon
- Turmeric powder – ¼ Tea spoon
- Onion medium size – 1
- Green Chilies – 2 - 3
- Coriander leaves
- Lemon – 1
- Oil – 2 Tablespoons for minced meat and deep fry.
- Salt to taste.
- Toothpicks



Method of Preparation:

Boil 6 eggs and keep aside.

Take a cooking pan and add minced meat with chopped onion, chilly powder, turmeric powder, chopped green chilies, coriander leaves, ginger-garlic paste and salt to taste.

Add 2-3 spoons of oil and mix well.

Add ½ cup of water.

Cook till water evaporates and dries.

Remove the eggshell and cut each egg into 2 equal halves.

Remove the yellow (yolk) of the egg and mix it with cooked minced meat.

Add lime juice to the mixture and again mix it well.

Fill the hollow of the egg with the mixture and keep aside.

Break 1 raw egg and whip with white and yellow of it.

Add a pinch of salt and pepper to the whipped egg. Now dip the above-prepared eggs into the whipped egg and deep fry in a shallow dish (kadai) till light brown color appears.

Remove and garnish with finger chips, spring onion and tomato slices.

Insert two toothpicks each in front and back side to give the shape of a palanquin and serve hot.



Hyderabad Midtown

Chartered in 1983 October 31st, it has been one of the oldest clubs in RID—3150.

Day and Time

Wednesday at 19:00

Physical Meeting

HOTEL INNER CIRCLE
Saboo Heights, 6-3-905, Raj
Bhavan Road, Somajiguda,
Hyderabad, TS, 500082, India

Our Board of Directors

Designation	Name	Contact	E-Mail
President	Shreemayi Akilla	7207551177	shree.rotary@gmail.com
IPP / Dir Service Projects	Girija Sampath	9652233933	balasm7444@gmail.com
Secretary	Rinesh Mohan Lal	9848244754	rineshml@gmail.com
PE / Dir Literacy & WINS	Suraj Rajkumar	9945160102	surajlc7@gmail.com
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Hyderabad Midtown

Saboo Heights, 6-3-905, Raj
Bhavan Road Somajiguda,
Hyderabad, 500082, India

President 2021-22

Shreemayi Akilla

Secretary 2021-22

Rtn. Rinesh Mohanlal

Happy Birthday

July 25th Vijayalaxmi Shekhawat

July 26th Raman Subbier

July 28th PSN Prasad

Happy Anniversary

July 9th Suraj Rajkumar



We Love to Serve you Better

From creating Opportunities to Changing Lives we
ensure to help Environment and Humanity with
Respect.

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Rotary



Club of Hyderabad Midtown
RID-3150